



MAKE YOUR GAME PLAN

II SET LIMITS

II RECOGNIZE THE RISKS

II KNOW WHEN TO STOP

PauseBeforeYouPlay.org

GAMBLING PROBLEM?

1-800-589-9966



Ohio for
Responsible
Gambling

PAUSE BEFORE YOU PLAY



Set limits on how much you bet

Keep gambling a social activity



Pay your bills before gambling

Have other hobbies outside of gambling



Know the risks before you bet

Put family and friends before gambling



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