



Social Posts

Social Post #1



Pause Before You Play
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Online gaming through your phone or console should be fun — but too much can lead to serious problems, like anxiety, depression, and stress. Before you hit play, set some boundaries on your gameplay. Learn more at [PauseBeforeYouPlay.org](#).
#PauseBeforeYouPlay #OnlineGaming




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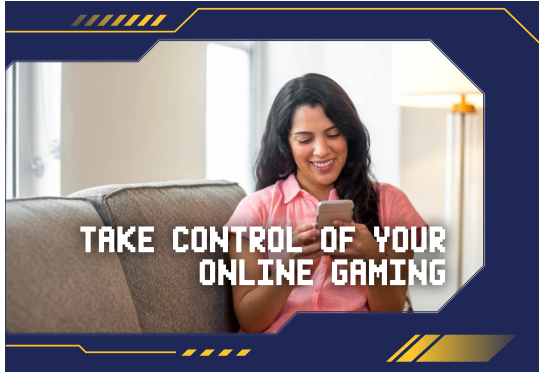
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Social Post #2



Pause Before You Play
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Do you know the risks of online gaming? Your favorite games may seem harmless, but online gaming and problem gambling have a closer relationship than you may think. Learn more at [PauseBeforeYouPlay.org](#). #PauseBeforeYouPlay #OnlineGaming




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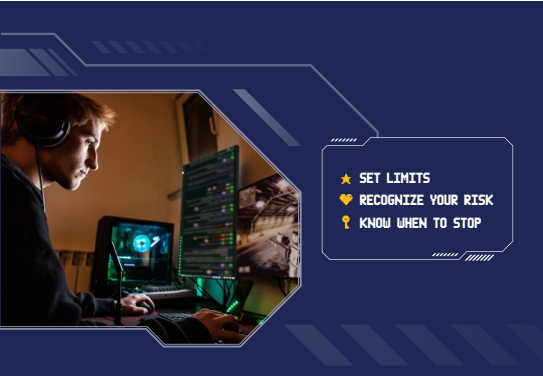
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Social Post #3



Pause Before You Play
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If you spend a lot of your time playing online games, it may be time to take control of your habits. Here are a few ideas: set limits and know when to stop. Learn more at [PauseBeforeYouPlay.org](#).
#PauseBeforeYouPlay #OnlineGaming




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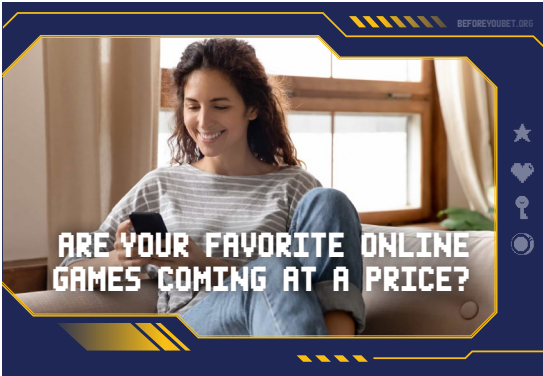
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Social Post #4



Pause Before You Play
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Are your favorite online games coming at a price? Many games are free to buy but come with in-app purchases that enhance gameplay. Small purchases add up, and too much gaming could put you at risk of developing a problem with gambling. Learn more at [PauseBeforeYouPlay.org](#). #PauseBeforeYouPlay #OnlineGaming




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Social Post #5



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At first thought, online gaming may sound like it's just for kids, but many adults play online games every day. They look harmless, but their never-ending goals make users want to keep playing. Too much gaming could put you at risk of developing a problem with gambling. Learn more at [PauseBeforeYouPlay.org](#).
#PauseBeforeYouPlay #OnlineGaming



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