

Social Posts

Social Post #1

Pause Before You Play
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1 out of 10 veterans in Ohio experience a problem with gambling. While playing slots or card games, it's important to set limits. Gauge your risk for [#ProblemGambling](#) and access free resources at [PauseBeforeYouPlay.org](#) [#PauseBeforeYouPlay](#) [#HelpStartsHere](#)

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Social Post #2

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Hiding gambling behavior from friends and family can be a sign of [#ProblemGambling](#). If you or someone you know appears to be experiencing a problem with gambling, help is available 24/7 by calling the free helpline at 1-800-589-9966. Learn more and access free, local resources at [PauseBeforeYouPlay.org](#) [#PauseBeforeYouPlay](#) [#HelpStartsHere](#) [#Veterans](#)

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Social Post #3

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Did you know? Veterans with PTSD are up to 60% more likely to experience problem gambling. Access free, local resources and services to help with problem gambling at [PauseBeforeYouPlay.org](#) [#PauseBeforeYouPlay](#) [#HelpStartsHere](#) [#Veterans](#)

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Social Post #4

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Some popular forms of gambling among veterans are playing slots or betting on sports. If choosing to gamble, it's important to do so responsibly by setting limits and knowing the risk. Learn more and access free, local resources at [PauseBeforeYouPlay.org](#) [#PauseBeforeYouPlay](#) [#Veterans](#)

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Social Post #5

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1 out of 10 veterans in Ohio experience problem gambling, but the warning signs are not always easy to see. A few signs include gambling more often or with more money, and borrowing money to relieve financial distress. Gauge your risk for [#ProblemGambling](#) and access free resources at [PauseBeforeYouPlay.org](#) [#PauseBeforeYouPlay](#) [#GetHelpOhio](#)

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Social Post #6

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Less than 10% of veterans who experience a problem with gambling seek treatment. If you or someone you know is experiencing a problem with gambling, free help is available 24/7 by calling the Problem Gambling Helpline at 1-800-589-9966. Learn more and access free, local resources at [PauseBeforeYouPlay.org](#) [#PauseBeforeYouPlay](#) [#HelpStartsHere](#) [#Veterans](#)

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