

PAUSE BEFORE YOU PLAY

SPORTS BETTING CONSUMER PROTECTIONS



PROBLEM BETTING: A RISING ISSUE

With sports betting becoming the newest form of legal gambling in Ohio, responsible gambling advocates expect that the number of people who engage in gambling will rise. Many might not have ever gambled before and might not be aware of the risks. They are also able to place bets faster and more often than any casino game through the use of online platforms and phone apps, increasing their risk of developing a problem with gambling.

CONSUMER PROTECTION RESOURCES

To help keep gambling responsible, Ohio offers a variety of free and local resources. You can also take steps to make sure your gambling is responsible by:




- Using responsible betting apps and in-app features to set limits on the amount of money you bet or the time you play
- Gauging your risk for problem gambling by taking a two-minute quiz at **PauseBeforeYouPlay.org**
- Enrolling in Ohio's Voluntary Exclusion Program
- Calling the free and confidential Problem Gambling Helpline at 1-800-589-9966

OHIO'S VOLUNTARY EXCLUSION PROGRAM

The Ohio Voluntary Exclusion Program (Ohio VEP) can help Ohioans set limits on their gambling activities. People who enroll in the program, which is jointly administered by the Ohio Casino Control Commission and the Ohio Lottery Commission, agree to refrain from entering and accessing casinos, racinos, and sportsbooks in Ohio and can opt for exclusion for a period of one year, five years, or life. To learn more about the Ohio VEP visit **casinocontrol.ohio.gov**.

WHAT DO I DO IF I THINK I AM DEVELOPING A PROBLEM WITH GAMBLING?

If you think you or someone you know is at risk or visit **PauseBeforeYouPlay.org**. There you can:

-  **Take the quiz** to see if you're at risk for problem gambling
-  **Find free resources** for responsible betting
-  **Get help** from free and accessible locations