



PAUSE



BEFORE

YOU PLAY

**GAMBLING PROBLEM?
1-800-589-9966**

PauseBeforeYouPlay.org



PAUSE BEFORE YOU PLAY

THE BEST GAME PLAN FOR EVERY BET.



Set limits on how much you bet



Have other hobbies outside of gambling



Keep gambling a social activity



Know the risks before you bet



Pay your bills before gambling



Put family and friends before gambling

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ohio for responsible gambling