

**PAUSE  BEFORE
YOU PLAY**

**PAUSE BEFORE
YOUR NEXT BET.**



SET LIMITS

Consider the time and money you're prepared to spend on gambling.



RECOGNIZE THE RISKS

Problem gambling can lead to serious consequences. Learn to recognize the warning signs.



KNOW WHEN TO STOP

Never borrow money to play. Bet only what you can afford to lose.

LEARN MORE AT
PauseBeforeYouPlay.org

GAMBLING PROBLEM? 1-800-589-9966

org
ohio for responsible
gambling